

## ► useful informations

### HERITAGE SITES

Chapel of Misericórdia (17<sup>th</sup> c.)  
 Chapel of Nossa Senhora da Confiança  
 Chapel of Santa Maria Madalena (constructed on Monte Olivete in 1893, by the Conceição e Silva family of Pedrogão Pequeno)  
 Chapel of Santo António (1730)  
 Chapel of São Rafael (Bravo – start of 18<sup>th</sup> c.)  
 Chapel of São Sebastião  
 Moinho das Freiras  
 Mother Church of S. João Baptista (Building of Public Interest - 1933)  
 Philippine Bridge of Cabril  
 Roman cobblestones  
 Town Pillory of Pedrogão Pequeno (Monument of Public Interest)

### PLACES OF INTEREST

Casal dos Bufos  
 Hill of Nossa Senhora da Confiança  
 Stone Quarry

### WHERE TO EAT

Restaurant "Gerações" - 236 487 144  
 Restaurant "Sabores da Montanha" - 236 480 008

### WHERE TO STAY

Casal Maio - 274 030 511  
 Hotel da Montanha - 236 480 000  
 Quinta de Santa Teresinha - 274 600 160; 918 795 406

### LOCAL CRAFTS

Wicker basketwork, tinwork, woven linens decorated with hand-embroidered motifs in a variety of stitch styles: openwork, Richelieu and satin stitch.

### LOCAL CUISINE

"Cartuchos" of Cernache (cone-shaped sweet almond pastries), fish soup, "Bucho and "Maranho" (similar to haggis), "Filhós" and "Coscoréis" (fritters), "Aguardente de Medronho" (spirit distilled from the fruit of the strawberry tree) and cheeses.



Roman Cobblestones

## ► trail signage



correct path



wrong way



turn left



turn right

## ► code of conduct

Keep to the signposted route. Avoid making unnecessary noise;  
 Observe the wildlife without causing disturbance;  
 Do not damage the vegetation;  
 Do not leave litter or other signs of your presence;  
 Do not light fires. Do not collect samples of plants or rocks;  
 Treat the people you meet with politeness.

## ► useful contacts

Emergency (Fire/Police/Ambulance): 112  
 SOS Forestry Department: 117  
 Poisons Line: 808 250 143  
 Sertã Police Station (GNR): 274 600 730  
 Sertã Fire Station: 274 603 528  
 Sertã Health Centre (24hr A&E): 274 600 800  
 Trail promoter  
 Sertã Câmara Municipal: 274 600 300  
 Sertã Tourist Information: 274 600 326  
 Pedrogão Pequeno Parish Council: 236 487 070  
 ADXTUR – REDE ALDEIAS DO XISTO  
 SCHIST VILLAGE NETWORK: 275 647 700; 960 101 873

[www.aldeiasdoxisto.pt](http://www.aldeiasdoxisto.pt)

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### \_route in phase of registration and approval by:



PR1  
SRT

# Pedrogão Pequeno Schist Trail I

Eagle Owl Route



ALDEIAS DO  
XISTO



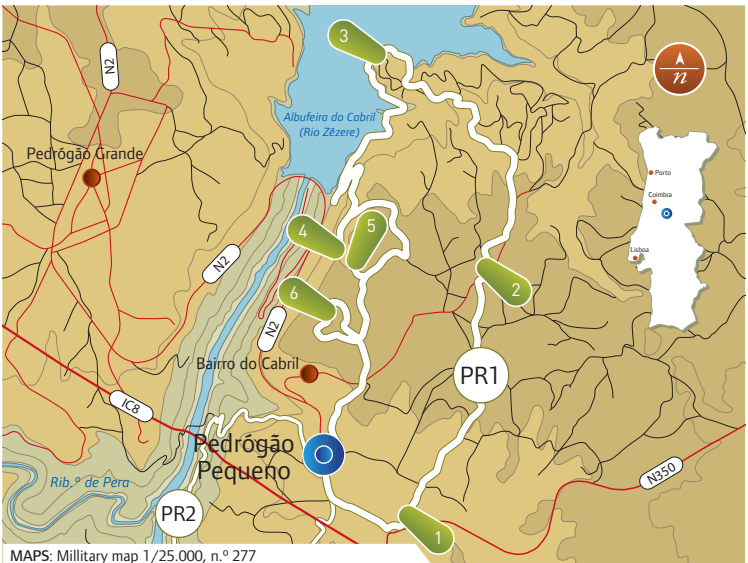
# PR 1 SRT

distance	duration	type of route	altitude gain	highest/lowest point
9,75 Km	3h 30min	circular 	 359 m ascent	 458 m 300 m

## Pedrógão Pequeno Schist Trail I

**Anticlockwise:** starting at the Pedrógão Pequeno marketplace the trail passes in front of the park and the Primary School before joining a country lane. After passing through farmland the trail crosses a river (Ribeira dos Porteleiros) and enters a pinewood. Shortly afterwards the trail comes to the village of Casal dos Bufos and starts to head downhill to the Cabril reservoir. After just over 1km the trail joins a stretch of the Grande Rota do Zêzere Route, following the banks of the Cabril reservoir and beginning to climb towards the summit of Monte da Senhora da Confiança. Along the way it is possible to make two detours: firstly to visit the former Cabril stone quarry; then after approximately 900m a second detour leads to the viewpoint located at the top of the quarry. On returning to the trail the path soon arrives at the summit of Monte da Senhora da Confiança. From this point the trail heads back downhill for the return to Pedrógão Pequeno.

**Clockwise:** on leaving the summit of Monte da Senhora da Confiança the trail heads downhill towards the Cabril reservoir. Along the way it is possible to make two detours: firstly to the viewpoint at the top of the stone quarry; secondly to see the remains of the quarry itself. After following the banks of the Cabril reservoir the trail heads uphill along a forest path towards the village of Casal dos Bufos. From there the trail follows a country lane towards Pedrógão Pequeno, crossing a river (Ribeira dos Porteleiros) and passing the Primary School. After passing the marketplace the trail heads once more uphill towards Monte da Senhora da Confiança.

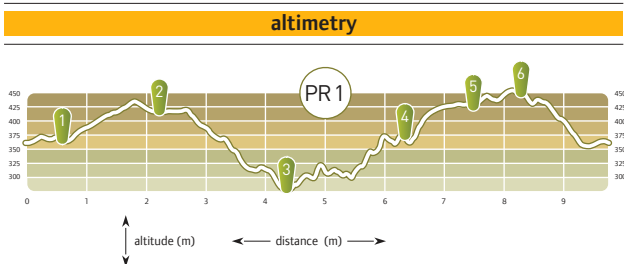


### Places of interest and distance from the start point:

- 1 \_ Ribeira dos Portelinhos \_ 600m
- 2 \_ Casal dos Bufos \_ 2200m
- 3 \_ Alfubeira do Cabril (Cabril Reservoir) \_ 4300m
- 4 \_ Stone Quarry \_ 6300m
- 5 \_ Sra. da Confiança \_ 8300m
- 6 \_ Pedrógão Pequeno \_ 9800m

### Start and end point:

- \_ Mercado Municipal (Marketplace) of Pedrógão Pequeno (39°54'40.41"N 08° 7'49.55"W)
- \_ Sra. da Confiança (39°54'39.73"N 8° 7'49.11"W)



caption
schist trail
tarmac road
earth road
watercourse

### difficulty level

The degree of difficulty is indicated by four different categories, each of which is evaluated on a scale of 1 to 5 (where 1 is easiest and 5 is most difficult).

difficulty of terrain	orientation	trail surface	physical difficulty
1	2	2	3

### recommended season

All year. Caution with heat in summer.

## Pedrógão Pequeno

According to local tradition it was the Roman Consulate Aulo Curcio who founded Pedrógão Pequeno in 150 BC. However, recent studies indicate that the area had already been populated since the Final Bronze Age (1250-750 BC), during which period a "castro", or hill fort, was constructed. Remains of this still exist on the hill of Nossa Senhora da Confiança.

After periods of occupation by Romans and Moors, the territory became a possession of the Portuguese Crown before being handed to the Order of the Temple by King D. Afonso Henriques in 1165. Shortly afterwards, in 1194, King D. Sancho I passed control of Pedrógão Pequeno to the Knights Hospitaller (later the Order of the Knights of Malta), who implemented extensive strategic measures. The Order's Prior, Álvaro Gonçalves Camelo, made frequent visits to the area and in 1454 Prior Vasco de Ataíde granted the town municipal autonomy, thus freeing Pedrógão Pequeno from the County of Sertã.

The rights, freedoms and guarantees of the small municipality were confirmed on 20th October 1513, when King D. Manuel I granted a Town Charter. Pedrógão Pequeno's independence continued until 6th November 1836, when Minister Manuel da Silva Passos passed a decree dissolving this and other small municipalities across the country. The two parishes (Pedrógão Pequeno and Carvalhal) of the extinguished municipality were initially integrated into the County of Oleiros, but a new decree in 1837 placed them under the aegis of Sertã. Reduced to the status of a simple parish Pedrógão Pequeno received its first administrative authority, located first in the Junta de Paróquia and later in the Junta de Freguesia.



Bell Tower of the Igreja Matriz (Mother Church), Pedrógão Pequeno

### > natural heritage

This area of "charneca" (heath) is ideal for observing nature in its most untouched state. The natural heritage is extremely rich and very varied. Along the trail it is possible to see oaks on the escarpments of the Cabril dam, as well as many other tree species. These include cork oak (*Quercus suber*), Portuguese oak (*Quercus faginea*), strawberry tree (*Arbutus unedo*) and maritime pine (*Pinus pinaster*). The animals that make this habitat their home include partridges (*Alectoris rufa*), crows (*Corvus corax*), herons (*Ardea cinerea*), black kites (*Milvus migrans*), blackbirds (*Turdus merula*), buzzards (*Buteo buteo*), rabbits (*Oryctolagus cuniculus*), weasels (*Mustela nivalis*), wild boar (*Sus scrofa*), hares (*Lepus capensis*), badgers (*Meles meles*), mongooses (*Herpestes ichneumon*) and otters (*Lutra lutra*). The River Zêzere is home to carp (*Cyprinus carpio*), largemouth black bass (*Micropterus salmoides*), barbel (*Barbus bocagei*) and perch (*Perca fluviatilis*).