

► **useful informations**

LIST OF HERITAGE BUILDING

Chapel of Our Lady of Trust
Church of St John the Baptist
17th c. Chapel of Mercy
Chapel of St. Anthony
Chapel of St. Raphael
Chapel of St. Sebastian
Chapel of St. Mary Magdalene
Pillory of the Village of Pedrogão Pequeno
Filipin of Cabril Bridge
Mills Freiras
Roman Cobbled Walk

PLACES OF INTEREST

Mount of Our Lady of Trust
Tunnel
Mills Freiras

PLACES TO EAT

_Pedrogão Pequeno:
"Sabores da Montanha" Restaurant - 236 480 000
"Rainha do Zêzere" Restaurant - 236 487 494

PLACES TO STAY

_Pedrogão Pequeno:
Hotel da Montanha - 236 480 000
"Rainha do Zêzere" Hostal - 236 487 494

HANDCRAFT

Wicker Basketry
Metalwork
Works in linen with hand embroidered motifs

GASTRONOMY

A rolled almond pastry, Cernache style
Fish soup
Tripe
A type of sausage with goat meat, rice and cured ham
Two types of fried pastry donuts
Arbutus Berry Liquor
Cheeses



Filipin Bridge

► **trail signage**



right way



wrong way



turn left



turn right

► **code of conduct**

Follow sign-posted trails only; Avoid making unnecessary noise;
Never scare the animals; Do not damage any vegetation;
Do not litter and leave no trace of your visit; Do not light fire;
Do not recollect or damage plants or rocks;
Be kind to people you find along the way;

► **useful contacts**

SOS Emergency : 112
SOS Forest Fires: 117
Anti-venom informations: 808 250 143
Sertã Police: 275 600 730
Fire Department: 274 603 528
Health Center: 238 60 02 50
Trail Promoter _ Sertã Municipality: 274 600 300
Tourism Office: 274 809 010
Parish Council of Pedrogão Pequeno: 236 487 070
Schist Village Network - ADXTUR: 275 64 77 00; 960 10 18 73

www.aldeiasdoxisto.pt

_promotors



_support



UNIÃO EUROPEIA

Fundo Europeu
de Desenvolvimento Regional



PROGRAMA
OPERACIONAL
DA REGIÃO CENTRO

_walking trail process of registration and approval by



FÉDÉRATION EUROPÉENNE
DE LA RANDONNÉE PÉDESTRE



Schist Walking Trail of Pedrogão Pequeno II

The Zêzere Trail



PR 2 SRT

distance	duration	trail type	altitude variation	altitude máx/min
7,0 Km	3h 00min	loop	396 m rise	375 m 179 m

Schist Walking Trail of Pedrógão Pequeno II

_Walk direction: Anticlockwise

The route starts at the marketplace of Pedrógão Pequeno and takes us to the shore of the Zêzere river via an old Roman road. At the end of the descent we recommend a short detour to the Filipin bridge. The route continues by Trilho da Levada ('water trail', or canal) to Moinho das Freiras, passing through a tunnel. At the exit of the tunnel, the descent to Moinho das Freiras can be made by sealed road or by a path that follows the river's edge, returning on the reverse side. Again on the path of Moinho das Freiras, we begin the ascent to the Aldeia do Painho. Upon reaching the old community laundry and turning left, there are some small shrines. Turning left again, we enter a pine forest. After 1 km, the route leaves the sealed road at the Aveleiras fountain, returning to the pine forest along a path on the right. After a few metres we reach a tunnel going under the IC8, and the trail returns to the starting point in the village of Pedrógão Pequeno.

_Walk direction: clockwise

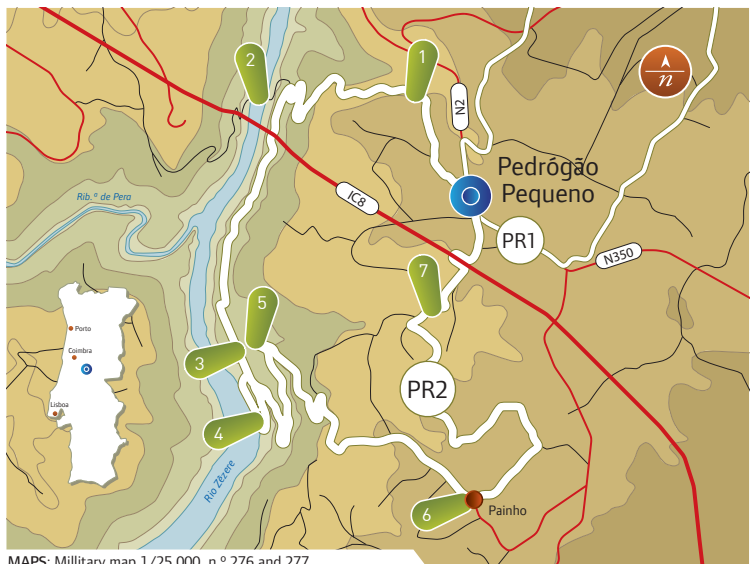
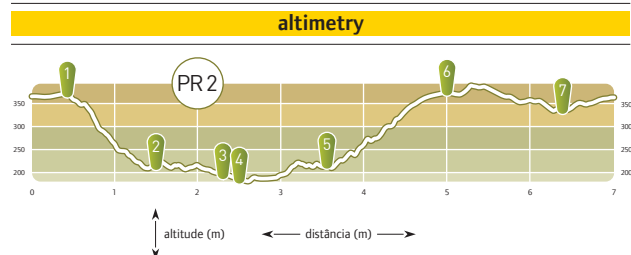
Leaving Pedrógão Pequeno, the route heads towards a narrow street leading to the pedestrian tunnel underneath the IC8. Exiting the tunnel continue straight ahead and the first path on the right is a trail that leads to the Aveleiras fountain. The path then leads to the village of Painho. After the last village houses, the route continues on a dirt road that leads to the sealed road to Moinho das Freiras. You take the road to the end, after crossing the small trail along the river leading to the picnic ground of Moinho das Freiras, next to the tunnel. Passing through this tunnel to Trilhos da Levada, after which a detour is recommended to appreciate the bridge. The return to Pedrógão Pequeno is via a Roman road.

Points of interest and distance to the starting point:

- 1 _ Roman Road _ 400m
- 2 _ Filipin Bridge _ 1500m
- 3 _ Moinho das Freiras Tunnel _ 2300m
- 4 _ Moinho das Freiras (Bouçã Dam) _ 2500m
- 5 _ Lookout _ 3600m
- 6 _ Painho _ 5000m
- 7 _ Aveleiras Fountain _ 6300m

Departure and arrival point:

_Marketplace of Pedrógão Pequeno (39°54'40.41"N 08° 7'49.55"W)



MAPS: Military map 1/25.000, n.º 276 and 277



Roman Road



Moinho das Freiras (Bouçã Dam)



caption

walking trail	
paved road	
dirt road	
water course	

difficulty level

the difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult).

overall difficulty	1	orientation	2	type of terrain	2	physical difficulty	2
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when to go

All year. Beware of high temperatures in the summer and slippery terrain in the winter.

Pedrógão Pequeno

It is said that Pedrógão Pequeno was founded by the Roman consul Aulo Curcio, in 150 BC. It was later conquered by the Moors, on 4 August 718 AD and reconquered by King Afonso II, on March 13, 1216. The village belonged to the Knights Templar, making it initially within the limits of Sertã. It was donated to the Order of St John in 1174, by King Afonso Henriques. In 1419 it gained relative autonomy, which was granted to all the small towns in the country at that time. In 1448, the Prior of Crato, Dom Vasco de Ataíde, in an act intended more to benefit a protégé of the monarch than any interest of the Order, gave the charter of Pedrógão Pequeno, including all civil and criminal jurisdiction, the ground and its rent to Diogo da Silveira, a scribe and adviser of the King Afonso V. This arrangement continued until November 1830, when this tiny province was extinguished and the parishes of Carvalhal and Pedrógão Pequeno were incorporated into the province of Oleiros. However, a few months later, by decree of September 27, 1877, Pedrógão Pequeno went back to Sertã. The county was abolished in 1834. Its charter, granted by King Manuel II in 1513, did not alter the jurisdiction of the village, and is limited by royal decree.



Pillory of Pedrógão Pequeno

> natural heritage

This area of heath is ideal for a reunion with nature in its purest state. The natural heritage is extremely rich and quite varied. Throughout the trail you will see oaks along the embankment of Cabril Reservoir as well as **cork oak** (*quercus suber*), **cerquinho oak** (*quercus faginea*), **strawberry tree** (*arbutus unedo*), **pine bravo** (*maritime pine*), among others. Animals that make this area their habitat are the **partridge** (*alectoris rufa*), **raven** (*corvus corax*), **heron** (*ardea cinerea*), **black kite** (*milvus migrans*), **blackbird** (*turdus merula*), **round winged eagle** (*buteo buteo*), **rabbit** (*oryctolagus cuniculus*), **weasel** (*mustela nivalis*), **wild boar** (*sus scrofa*), **hare** (*lepus capensis*), **badger** (*meles meles*), **mongoose** (*herpestes ichneumon*), and the **otter** (*enhydra lutris*). The Zêzere River has **carp** (*cyprinus carpio*), **largemouth bass** (*micropterus salmoides*), **barbel** (*barbus bocagei*) and **perch** (*perca fluviatilis*).