

► **useful informations**

LIST OF HERITAGE BUILDING

Chapel of Our Lady of Trust
Church of St John the Baptist
17th c. Chapel of Mercy
Chapel of St. Anthony
Chapel of St. Raphael
Chapel of St. Sebastian
Chapel of St. Mary Magdalene
Pillory of the Village of Pedrogão Pequeno
Filipina do Cabril Bridge
Mills Freiras
Roman Cobbled Walk

PLACES OF INTEREST

Mount of Our Lady of Trust
Village
Quarry

PLACES TO EAT

_Pedrogão Pequeno:
"Sabores da Montanha" Restaurant- 236 480 000
"Rainha do Zêzere" Restaurant - 236 487 494

PLACES TO STAY

_Pedrogão Pequeno:
Hotel da Montanha - 236 480 000
"Rainha do Zêzere" Hostal - 236 487 494

HANDCRAFT

Wicker Basketry
Metalwork
Works in linen with hand embroidered motifs

GASTRONOMY

A rolled almond pastry, Cernache style
Fish soup
Tripe
A type of sausage with goat meat, rice and cured ham
Two types of fried pastry donuts
Arbutus Berry Liqueur
Cheeses



Roman Cobbled walk

► **trail signage**



right way



wrong way



turn left



turn right

► **code of conduct**

Follow sign-posted trails only; Avoid making unnecessary noise;
Never scare the animals; Do not damage any vegetation;
Do not litter and leave no trace of your visit; Do not light fire;
Do not recollect or damage plants or rocks;
Be kind to people you find along the way;

► **useful contacts**

SOS Emergency : 112
SOS Forest Fires: 117
Anti-venom informations: 808 250 143
Sertã Police: 275 600 730
Fire Department: 274 603 528
Health Center: 238 60 02 50
Trail Promoter _ Sertã Municipality: 274 600 300
Tourism Office: 274 809 010
Parish Council of Pedrogão Pequeno: 236 487 070
Schist Village Network - ADXTUR: 275 64 77 00; 960 10 18 73

www.aldeiasdoxisto.pt

_promotors



_support



UNIÃO EUROPEIA

Fundo Europeu de Desenvolvimento Regional



PROGRAMA OPERACIONAL DA REGIÃO CENTRO

_walking trail process of registration and approval by



FÉDÉRATION EUROPÉENNE DE LA RANDONNÉE PÉDESTRE

ADXTUR 2013



Schist Walking Trail of Pedrogão Pequeno I

The Bubo Owl Trail



► Cabril Dam



ALDEIAS DO XISTO

PR 1 SRT

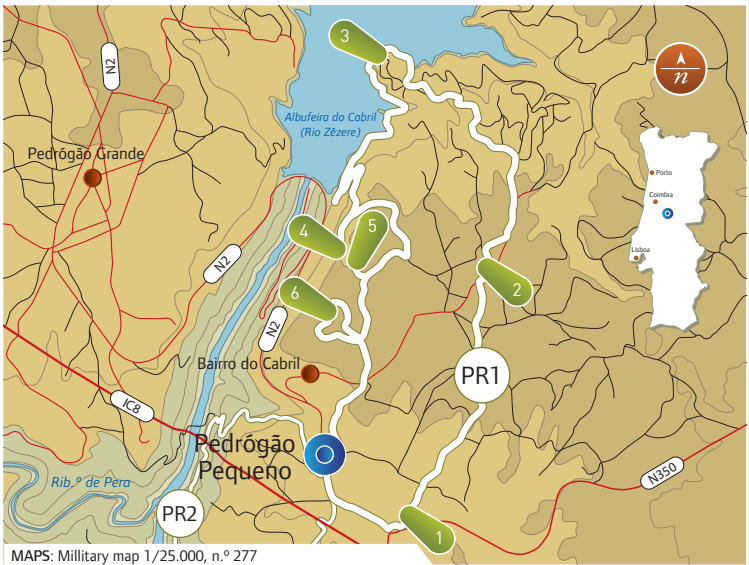
distance	duration	trail type	altitude variation	altitude máx/min
9,75 Km	3h 30min	loop	359 m rise	458 m / 300 m

Pedrógão Pequeno

Schist Walking Trail of Pedrógão Pequeno I

Walk direction: Anticlockwise
Starting from the marketplace at Pedrógão Pequeno, the route passes in front of the gardens and the primary school, and then onto a country path. We pass through cultivated fields, to the Porteleiros River and quickly enter a section of pine forest. Soon after comes the small village of Casal dos Bufos, where begins the descent to Cabril reservoir. After travelling just over 1km, the route collides with a section of the Great Route of Zêzere running along the banks of Cabril reservoir, and then starts the climb to the Monte da Senhora da Confiança (Mount of Our Lady of Trust). Along the way you can make two detours: the first to visit the old quarry of Cabril and after about 900m, a lookout over the quarry. Back on the main path, you will quickly come to the Monte da Senhora da Confiança (Mount of Our Lady of Trust). From this point begins the descent back to Pedrógão Pequeno.

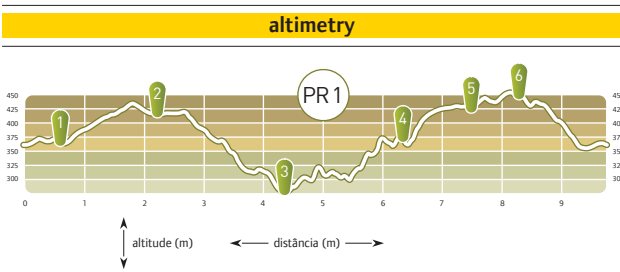
Walk direction: clockwise
Starting the journey at the lookout of Our Lady of Trst, the trail continues to Cabril reservoir. Throughout the descent two detours can be made: the first to enjoy the view from a lookout over the quarry, and the second to see yhe quarry itself. After traveling along the embankment to Cabril reservoir, the path ascends to the small village of Casal dos Bufos. Then the route connects with the rural paths of Pedrógão Pequeno passing Portelinhos River and the primary school. After passing the market, the route goes back up to Mount of Our Lady of Trust, initially by a small section of the Roman Road, and then along the main path.



MAPS: Military map 1/25.000, n.º 277

- Points of interest and distance to the starting point:**
- 1 _ Portelinhos Stream _ 600m
 - 2 _ Casal dos Bufos _ 2200m
 - 3 _ Cabril Dam _ 4300m
 - 4 _ Quarry _ 6300m
 - 5 _ Our Lady of Trust _ 8300m
 - 6 _ Pedrógão Pequeno _ 9800m

Departure and arrival point:
_Marketplace of Pedrógão Pequeno (39°54'40.41"N 08° 7'49.55"W)
_Our Lady of Trust (39°54'39.73"N 8° 7'49.11"W)



Fountain

0 200 400 600 800 1000m

caption

walking trail
paved road
dirt road
water course

difficulty level

the difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult).

overall difficulty **1**
orientation **2**
type of terrain **2**
physical difficulty **3**

when to go

All year. Beware of high temperatures in the summer and slippery terrain in the winter.

It is said that Pedrógão Pequeno was founded by the Roman consul Aulo Curcio, in 150 BC. It was later conquered by the Moors, on 4 August 718 AD and reconquered by King Afonso II, on March 13, 1216. The village belonged to the Knights Templar, making it initially within the limits of Sertã. It was donated to the Order of St John in 1174, by King Afonso Henriques. In 1419 it gained relative autonomy, which was granted to all the small towns in the country at that time. In 1448, the Prior of Crato, Dom Vasco de Ataíde, in an act intended more to benefit a protégé of the monarch than any interest of the Order, gave the charter of Pedrógão Pequeno, including all civil and criminal jurisdiction, the ground and its rent to Diogo da Silveira, a scribe and adviser of the King Afonso V. This arrangement continued until November 1830, when this tiny province was extinguished and the parishes of Carvalhal and Pedrógão Pequeno were incorporated into the province of Oleiros. However, a few months later, by decree of September 27, 1877, Pedrógão Pequeno went back to Sertã. The county was abolished in 1834. Its charter, granted by King Manuel II in 1513, did not alter the jurisdiction of the village, and is limited by royal decree.



Church of St John the Baptist Bells

> natural heritage

This area of heath is ideal for a reunion with nature in its purest state. The natural heritage is extremely rich and quite varied. Throughout the trail you will see oaks along the embankment of Cabril Reservoir as well as **cork oak** (*quercus suber*), **cerquinho oak** (*quercus faginea*), **strawberry tree** (*arbutus unedo*), **pine bravo** (*maritime pine*), among others. Animals that make this area their habitat are the **partridge** (*alectoris rufa*), **raven** (*corvus corax*), **heron** (*ardea cinerea*), **black kite** (*milvus migrans*), **blackbird** (*turdus merula*), **round winged eagle** (*buteo buteo*), **rabbit** (*oryctolagus cuniculus*), **weasel** (*mustela nivalis*), **wild boar** (*sus scrofa*), **hare** (*lepus capensis*), **badger** (*meles meles*), **mongoose** (*herpestes ichneumon*), and the **otter** (*enhydra lutris*). The Zêzere River has **carp** (*cyprinus carpio*), **largemouth bass** (*micropterus salmoides*), **barbel** (*barbus bocagei*) and **perch** (*perca fluviatilis*).